



Association of Pediatricians (IAP EAST DELHI)



STG Protocol Newer NRP Guidelines



Dr. Srihari Reddy
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Dr. Swati Upadhyay
(Moderator)



Dr. Piyush Jain
(Chairperson)



7th Jan. 2026
2.00 to 4.00 p.m



**Meerak Cafe, Preet
Vihar, Delhi**



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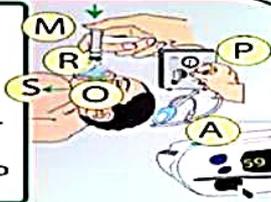




Overview of NRP 9th Edition Practice Changes*

Dry, position and gentle, tactile stimulation if breathing is ineffective; Clear airway if needed.

Ventilation corrective-steps need not be performed sequentially; Prioritize the order by choosing the steps most likely to be helpful.



Ventilation can be initiated with a face mask or supra-glottic airway

Target O₂ saturation (SpO₂) table starts at 2 min versus 1 min.

Time	Target Oxygen Saturation
1 min	60-65%
2 min	65-70%
3 min	70-75%
4 min	75-80%
5 min	80-85%
10 min	85-95%

Umbilical cord management: DCC ≥ 60 s; IUCM not recommended for < 28 wk; IUCM in non-vigorous 35-42 wk; Non-vigorous 28-34 wk - not enough evidence to recommend IUCM



ETT insertion depth is measured to the anterior edge of the upper (maxillary) gum instead of the lip (tip-to-gum instead of tip-to-lip)

Dr lalit gulati

Initial FiO ₂	SpO ₂
≥ 35 wk	0.21
32-34 wk	0.21 - 0.3
< 32 wk	≥ 0.3

Ventilation: 30-60 /min

Initial PIP: 25cmH ₂ O	SpO ₂
≥ 32 wk	25-30cmH ₂ O
< 32 wk	20-25cmH ₂ O

If chest compressions continue for > 5 min, and compressor experiences fatigue, consider changing roles. After chest compressions and improvement in heart rate, if reliable pulse oximeter signal is achieved, adjust FiO₂ to target SpO₂

Weight (g)	GA (wk)	ETT size
< 800	22-25	2.5 (or 2.0)
800-1200	26-28	2.5
1201-2200	29-34	3.0
> 2200	> 34	3.5

*this Infographic is a personal creation of Dr. Satyan Lakshminrusimha and does not represent the official position of or endorsed by the American Academy of Pediatrics and the Neonatal Resuscitation Program

Talking: SRIHARI REDDY

•THANK YOU

Meeting chat

IAP STG - Discussion on newer NRP guidelines

Everyone | New chat

Dr Vimal Kant Goyal joined as a guest

Dr Abnish Kumar left

anshul bhargava left

Dr Abnish Kumar joined as a guest

Shalu Gupta joined as a guest

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To: Meeting group chat

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